

# BOWEL SYMPTOM QUESTIONNAIRE

WE REQUEST THAT YOU COMPLETE THIS QUESTIONNAIRE SO WE MAY BETTER ASSIST YOU IN YOUR CARE.  
OUR PRACTICE OFFERS SEVERAL SPECIALTIES THAT MAY BE A BENEFIT TO YOU. PLEASE ANSWER THE FOLLOWING QUESTIONS.

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

DOCTOR: \_\_\_\_\_ DATE: \_\_\_\_\_

Which symptoms best describe you? Select all that apply.

- Accidental loss or leakage of stool - sometimes unable to make it to the bathroom in time
- Bowel accidents while unaware - no warning and/or while asleep
- Bowel accidents when passing gas
- No bowel problems (If checked, please discontinue questionnaire)

How long have you had these symptoms? \_\_\_\_\_

Approximately how many bowel incidents do you have per week? \_\_\_\_\_

Have you tried medication to help your symptoms? **YES NO**

On a scale of 1 to 10, with 1 being no symptom relief and 10 being complete symptom relief, how much symptom relief have these medications provided for you? Circle a number.

1	2	3	4	5	6	7	8	9	10
No Relief					Complete Symptom Relief				

Behavior modification tried? (e.g., diet changes, fiber, lifestyle changes, physical therapy) \_\_\_\_\_

On a scale of 1 to 10, with 1 being no frustration at all and 10 being extremely frustrated, what is your level of frustration with your bowel control symptoms? Circle a number.

1	2	3	4	5	6	7	8	9	10
Not Frustrated					Very Frustrated				

Are you interested in learning about additional treatment alternatives to bowel medications? **YES NO**



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